



## CAT Parent Awareness Course East and Central Locality

**We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.**

- The course has been designed for parents who want to increase their understanding of autism and is open to all those whose children have a diagnosis of autism.
- The sessions will be delivered online via Microsoft Teams at the following times:
  - Thursday 4<sup>th</sup> November between 9.30 and 11.30
  - Thursday 11<sup>th</sup> November between 9.30 and 11.30
  - Thursday 18<sup>th</sup> November between 9.30 and 11.30
  - Thursday 25<sup>th</sup> November between 9.30 and 11.30
  - Thursday 2<sup>nd</sup> December between 9.30 and 11.30
  - Thursday 9<sup>th</sup> December between 9.30 and 11.30

The sessions will take place via Microsoft Teams. You will need to provide an email address and an invitation will be sent via email to access the sessions. When you book, please provide your child/young person's name, school and CAT worker, if known.

The following information will need to be provided to gain a place:

- Child/young person's name and school
- Your name and email address
- Your child/young person's CAT worker (if known)

**The subject or title of your email needs to state that it is for a CAT PAC for East and Central**

Due to limited places the course will be offered to the first fifteen families to contact us.

**There is an expectation that parents endeavour to attend all sessions if possible.**

Please email [A2EGeneral@birmingham.gov.uk](mailto:A2EGeneral@birmingham.gov.uk) to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full.

Yours sincerely,

*Alison Tatem and Michelle Williams* Communication and Autism Team



**Birmingham**  
City Council